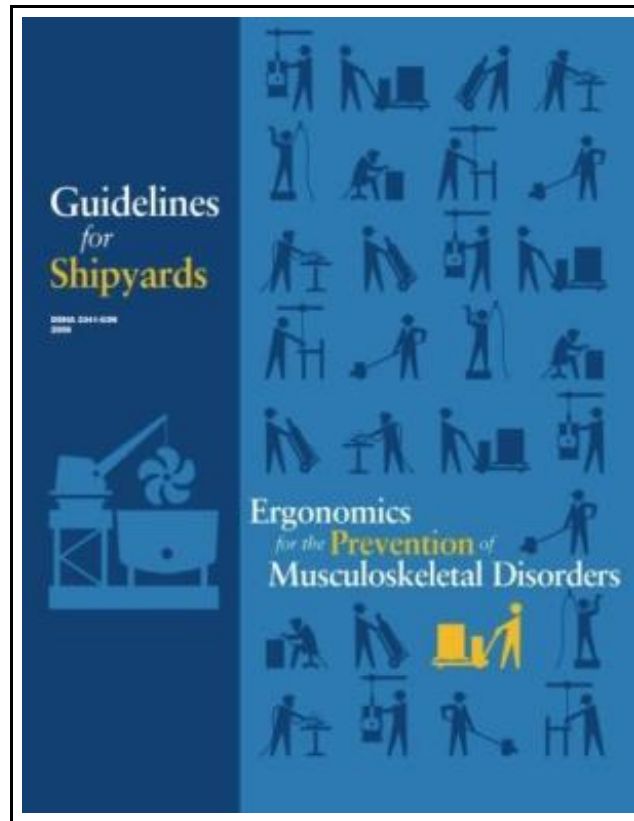


Ergonomics for the Prevention of Musculoskeletal Disorders: Guidelines for Shipyards



Filesize: 6.21 MB

Reviews

It is really an awesome ebook that I have ever read. It typically fails to expense a lot of. I am very easily can get a enjoyment of studying a written ebook.

(Delphia Fay)

ERGONOMICS FOR THE PREVENTION OF MUSCULOSKELETAL DISORDERS: GUIDELINES FOR SHIPYARDS



Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 50 pages. Dimensions: 11.0in. x 8.5in. x 0.1in. OSHA 3341-03N Ergonomics for the Prevention of Musculoskeletal Disorders: Guidelines for Shipyards. Many proactive initiatives taken by the shipyard industry have resulted in a reduction in injuries and illnesses. Shipyards have reported that many shipyard tasks are performed in awkward body postures, at nonadjustable workstations, on scaffolds, and in enclosed or confined spaces (1, 2, 3). Even in this environment, the shipbuilding industry has found ways to make shipyard work easier through ergonomic solutions. However, the industry still has higher injury rates than general industry and construction (4). More remains to be learned about the relationship between workplace activities and the development of musculoskeletal disorders (MSDs). Continuing research and operational experience will provide additional information that will assist in designing further recommendations for reducing the potential for MSDs in workplaces. However, the experiences of numerous shipyards that have successfully addressed this important issue have provided a sufficient basis for taking action to better protect employees. These guidelines provide recommendations for shipyards to help reduce the number and severity of work-related musculoskeletal disorders, increase employer and employee awareness of ergonomic risk factors, eliminate unsafe work practices, alleviate muscle fatigue, and increase productivity. In order to develop these guidelines, OSHA reviewed existing ergonomic practices in several shipyards, conducted site visits to observe these practices in action, and interviewed employees in shipyards. Many shipyards addressed ergonomic issues by integrating ergonomics into their overall health and safety programs (1, 2, 3). In addition, the Agency reviewed available scientific information regarding shipyard work activities that may benefit from implementing specific ergonomic solutions. The general information in these guidelines is intended to provide shipyard employers and employees with effective solutions and a useful reference when determining the...



Read Ergonomics for the Prevention of Musculoskeletal Disorders: Guidelines for Shipyards Online



Download PDF Ergonomics for the Prevention of Musculoskeletal Disorders: Guidelines for Shipyards

Other Books



Absolutely Lucy #4 Lucy on the Ball A Stepping Stone Book™

Random House Books for Young Readers. Paperback. Book Condition: New. David Merrell (illustrator). Paperback. 112 pages. Dimensions: 7.4in. x 5.1in. x 0.4in. Ilene Coopers fourth story of a boy and his beagle takes Bobby and Lucy...

[Download eBook »](#)



The Mystery at Motown Carole Marsh Mysteries

Carole Marsh Mysteries. Paperback. Book Condition: New. Randolyn Friedlander (illustrator). Paperback. 32 pages. Dimensions: 11.1in. x 8.7in. x 0.0in. When you purchase the Library Bound mystery you will receive FREE online eBook access! Carole Marsh Mystery...

[Download eBook »](#)



Animalogy: Animal Analogies

Sylvan Dell Publishing. Paperback. Book Condition: New. Cathy Morrison (illustrator). Paperback. 32 pages. Dimensions: 9.8in. x 8.4in. x 0.4in. Compare and contrast different animals through predictable, rhyming analogies. Find the similarities between even the most incompatible...

[Download eBook »](#)



Viking Ships At Sunrise Magic Tree House, No. 15

Random House Books for Young Readers. Paperback. Book Condition: New. Sal Murdocca (illustrator). Paperback. 96 pages. Dimensions: 7.4in. x 4.9in. x 0.2in. Jack and Annie are ready for their next fantasy adventure in the bestselling middle-grade...

[Download eBook »](#)



Eagle Song Puffin Chapters

Puffin. Paperback. Book Condition: New. Dan Andreasen (illustrator). Paperback. 80 pages. Dimensions: 7.6in. x 4.9in. x 0.3in. A contemporary middle grade story about confronting bullying and prejudice Danny Bigtrees family has moved to Brooklyn, New York,...

[Download eBook »](#)