



# The Thyroid Paradox How to Get the Best Care for Hypothyroidism

By James K. Rone

Paperback. Book Condition: New. Paperback. If you suffer low thyroid--or think you might--and want to learn more, especially if you're unsatisfied with the answers you're getting from your doctor, this book is for you. An estimated 5.8% of women and 3.4% of men in the United States are hypothyroid. Low thyroid is common, yet, paradoxically, may be rampantly overlooked. Why? As you'll discover in *The Thyroid Paradox*, there is a pervasive oversimplification of thyroid science and mainstream treatment of thyroid patients today. Current thyroid testing has weaknesses and should be interpreted, not in a vacuum, but as part of a diagnostic process based on all the evidence. Too often, doctors simply stick to test results and miss patients suffering with subtle hypothyroidism. *The Thyroid Paradox* is for the person who's been told "It's not your thyroid," without then being told convincingly what it is. Maybe you've been told nothing is wrong but know there must be some reason for your chronic fatigue, body aches, weight gain, dry skin, constipation, brain fog, depression, or menstrual irregularity. This book provides the answers for you. You'll learn about: The loopholes in current thyroid testing; Hidden forms of hypothyroidism and how to detect...



**READ ONLINE**  
[ 6.22 MB ]

## Reviews

*I just started reading this article ebook. It really is written in easy phrases and not difficult to understand. I am just very happy to tell you that here is the very best pdf we have read during my individual life and might be the very best ebook for actually.*

-- **Camren Kuvalis**

*It is just one of my personal favorite publications. It is among the most awesome publications I have read. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- **Delia Rutherford**

## Other eBooks



### **Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large**

Madelyn D R Books. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.This book is about my cousin, Billy a guy who taught me a lot over the years and who can teach you a lot. Everyone who...



### **Summer Fit Preschool to Kindergarten Math, Reading, Writing, Language Arts Fitness, Nutrition and Values**

Summer Fit Learning. Paperback. Book Condition: New. Paperback. 160 pages. Dimensions: 10.6in. x 8.3in. x 0.5in.Summer Fit Activity Books move summer learning beyond academics to also prepare children physically and socially for the grade ahead. Academic exercises are based on Common Core...



### **The Day I Forgot to Pray**

Tate Publishing. Paperback. Book Condition: New. Paperback. 28 pages. Dimensions: 8.7in. x 5.8in. x 0.3in.Alexis is an ordinary five-year-old who likes to run and play in the sandbox. On her first day of Kindergarten, she makes her first school-aged friend, Elizabeth, and...



### **DK Readers Animal Hospital Level 2 Beginning to Read Alone**

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.9in. x 5.8in. x 0.1in.This Level 2 book is appropriate for children who are beginning to read alone. When Jack and Luke take an injured duck to the vet, it is just...



### **DK Readers Day at Greenhill Farm Level 1 Beginning to Read**

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.8in. x 5.7in. x 0.2in.This Level 1 book is appropriate for children who are just beginning to read. When the rooster crows, Greenhill Farm springs to life. Join the ducklings, cows, and...



### **Too Old for Motor Racing: A Short Story in Case I Didnt Live Long Enough to Finish Writing a Longer One**

Balboa Press. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.We all have dreams of what we want to do and who we want to become. Many of us eventually decide it is too late; we have missed...