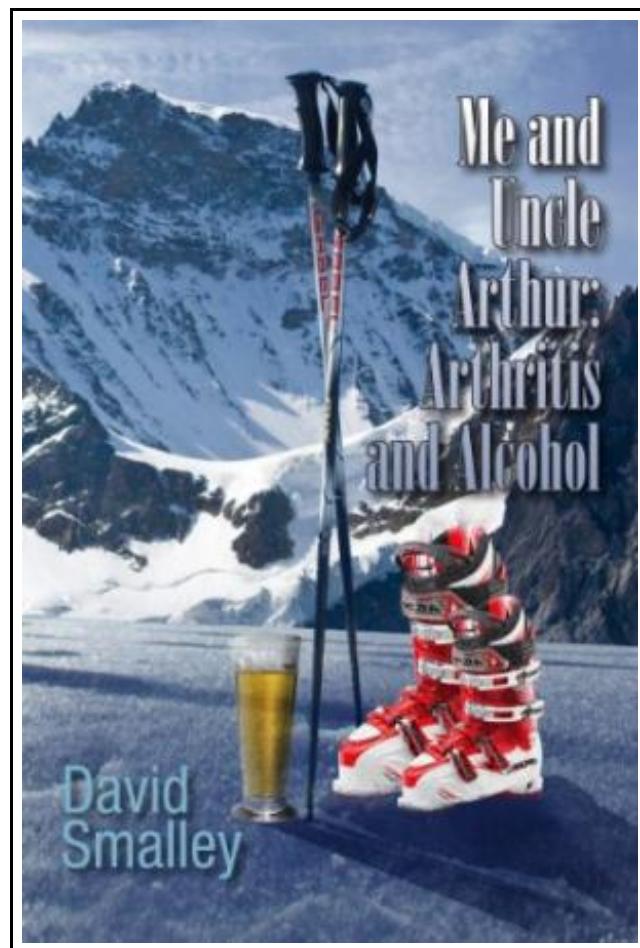


## Me and Uncle Arthur: Arthritis and Alcohol



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Melrose Books. Paperback. Book Condition: new. BRAND NEW, Me and Uncle Arthur: Arthritis and Alcohol, David Smalley, I was coming down the stairs one morning - shortly after being diagnosed with arthritis at the age of twenty seven - in a lot of pain, and I remember saying to myself, Uncle Arthur, you are a swine. I realised then that I had called my arthritis something else and from there the character to my illness was born. I have often felt quite alone and isolated in my journey with arthritis so creating Uncle Arthur has almost given me someone to talk to, and I find writing a great way of releasing some of my emotions. Living with arthritis has brought me feelings of anger, frustration, embarrassment, struggle, loneliness and pain; it has also brought me an inner strength I never knew I had. Sadly I am no longer able to do some of the things that I used to enjoy doing but I can still live my life and hope to believe that a cure will be found one day. The author has used an original and imaginative device of personifying the arthritis as his Uncle Arthur which helps to capture the dynamics of an abusive relationship; the power games involved and the pattern to which arguments explode from the dialogue. By daring to challenge his Uncle Arthur in a quest to lead as normal a life as possible, the author is soon confronted with conflict and battles with his unwanted companion which leads to a self admittance of struggles with other problems which are occurring at the same time. Told with dramatic honesty and dark humour, Me and Uncle Arthur: Arthritis and Alcohol takes us from the very forefront of dealing with life's issues to showing what is possible...

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