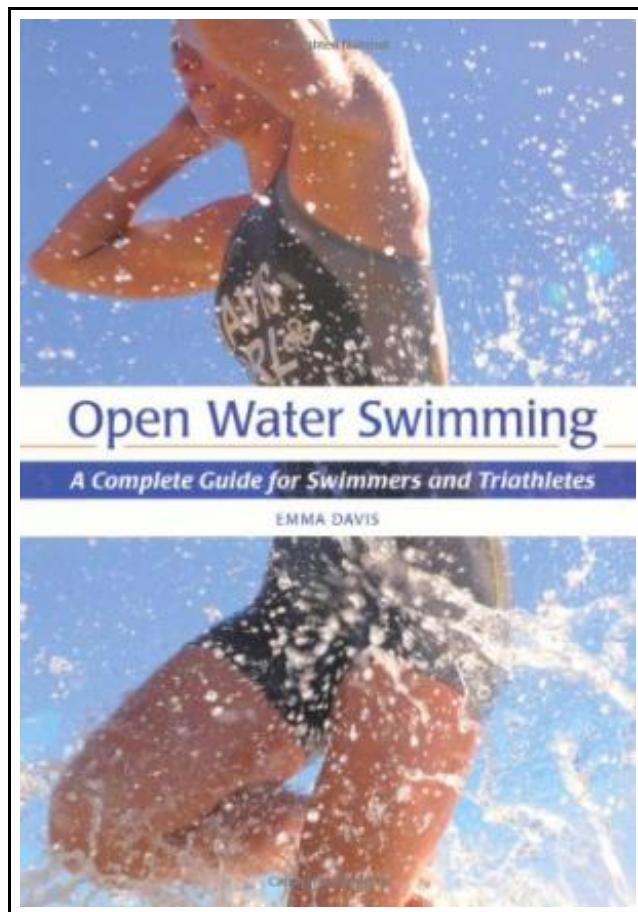


## Open Water Swimming: A Complete Guide for Swimmers and Triathletes



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