Protect Yourself: A Practical Guide to Street Intelligence (Paperback)

By M Singh

AUTHORHOUSE, United States, 2006. Paperback. Book Condition: New. 198 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Protect Yourself An illustrated guide to street intelligence Occasionally you find yourself in difficult situations: on the street, in your car or while out with friends. Would you know how to react? How would you turn the situation to your advantage? Read Protect yourself: a practical guide to street intelligence for the answers to these and many others questions concerning your personal safety. Don t be a victim - use this book An aggressor will think carefully before they attack. They will seek out people who do not appear to be comfortable with their surroundings and quickly notice a lack of self-confidence or an air of vulnerability. Be aware of your environment in everyday situations: when you are out shopping; walking through the park; getting money from a cash machine or travelling on public transport. This will help you to deal with an aggressor s unpredictable behaviour. This book gives you some life-saving strategies and explains how to minimise the risk of harm to yourself and others. In life-threatening situations you may only have seconds to react, so...

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